

# March 2017



## Arrowhead Gardens Theme: Financial Literacy



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>Hello, March!</b>	2 9:30 Breakfast Huckleberry 1 Burien Run 2 Arts & Crafts w/Bill 5:30 Baroque Ensemble University of Washington	3 1 Chair Yoga 5:30 U of Washington Concert of Campus Bands 7 Tuesday Night Movie w/Lyda	4 10 Seattle Aquarium 4 Happy Hour Kate's Pub 6 AG Bingo CSR	5 8 Renton Tech Allied Health Training Day** 10:45 Lunch Sea Tac Sr Cntr 1 Chair Yoga B CR 1 Walmart Shopping Renton & Uwajimaya	6 9:30 BJ's Bingo 11 Lunch Olive Garden 1:30 Asian Art Museum 5:30 U of Puget Sound Jazz Orchestra Concert	7 10:45 St Vincent Food 12:30 Ladies Musical Club: From Baroque to Brazil Frye Art Museum 6 UW Philharmonia + UW Students Carmen excerpts 7 Saturday Night @ Movie
8 10 PennCove Mussel Fest, Coupeville, WA 3:30 Symphonic Band Chamber Concert – Univ. of Washington	9 9:30 Breakfast – Bee's 12 Noon Dental Van Screenings 'B' CR 1 Winco Shopping 2 Arts & Crafts with Bill 5:30 Gospel Choir Concert U of WA	10 10 Fullscope Hearing Check Test w/Consultation BCR 1 Chair Yoga B CR 7 Tuesday Night @ Movies w/Lyda	11 10 Red Wind Casino 10 CBD Support Grp Planning - Craft Rm 4 Happy Hour Japanese Steakhouse	12 8 Senor Health Day Renton Tech Bring Pets 10:45 Lunch Sea Tac Sr Cntr 1 Chair Yoga 1 Costco Shopping 6 U of Washington Wind Ensemble & Symphonic Band Concert	13 9:30 BJ's Bingo 11 Lunch Sizzler 2:30 Federal Trade Commission Presentation 'Protecting Older Adults' from Scams' 3:00 AGRC Exec Bd Mtg	14 9:30 39th Quilting Show, Evergreen Fairgrounds 1 Irish Festival SC 7 Saturday Night @ Movie w/Rita
15 9:30 Crossroads Doll & Teddy Bear Show, Puyallup 12 Navy Band NW Concert, Keyport 6:00 Puget Sound Symphony Orchestra 6:30 Karaoke with Kami	16 9:30 Breakfast Maggie's on Meeker 1 Burien Shopping 2 Arts & Crafts w/Bill B CR 6 AG Bingo CSR	17 1 Chair Yoga B CR 4 Happy Hour Jimmy Mac's 7 Tuesday Night @ Movies w/Lyda	18 10 Chihuly Garden & Glass 5:30 Rain City Symphony: Bernstein, Tchaikovsky 5:30 U. of Puget Sound Wind Ensemble	19 10:45 Lunch Sea Tac Sr Cntr 11 Lunch Poodle Dog Restaurant-Fife + Washington State Historical Museum, Tacoma 1 Chair Yoga B CR	20 9:30 BJ's Bingo 11 Lunch The Boarding House, Issaquah	21 10:45 St Vincent DePaul Food Bank Arrowhead Gardens St Patrick's Day Dinner Varied Seating Times 7 Saturday Night @ Movie w/Rita
22 9:30 Ballard Farmers Market 1 French Fest, Seattle Center 7 Cool Jazz BCR	23 9:30 Breakfast Corner Bakery Café, Tukwila 1 Des Moines Dollar Tree Shopping 6 Issaquah Philharmonic Orchestra	24 1 Chair Yoga B CR 4 Happy Hour Tin Roof 7 Tuesday Night @ Movies w/Lyda	25 10 Meeker Mansion 10:30 U of Puget Sound 'Student Noon Time' Recitals 6 CBD Support Group BCR	26 10:45 Lunch Sea Tac Sr Cntr 1 Walmart Shopping Aubur 1 Chair Yoga B CR 3:30 Eye Care Workshop BCR 6 Monthly Resident Birthday Party	27 9:30 BJ's Bingo 11 Lunch Round Table Pizza Buffet 6:30 AGRC General Mtg 'B' CR	28 5:30 U of Puget Sound Adelphian Choir Concert 6:30 Legendary Count Basie Orchestra Taber Auditorium 7 Saturday Night @ Movie w/Rita
29 6 Rock 'n Roll Bingo 6 St James Cathedral Touring Choir of St John's College, Cambridge ENG.	30 9:30 Breakfast Des Moines Creek Café 1 Metropolitan Shopping 2 Arts & Crafts w/Bill B	31 1 Chair Yoga B CR 3 Falls Prevention BCR 4 Happy Hour Wah Kue's 7 Tuesday Night @ Movies w/Lyda	<b>FOOD BANK</b> Tuesday, March 10 & 24 2:00 – 3:30 All 'A' Building Floors 1 – 3 'C' Bldg	<b>Mona's Corner</b> Meet Your MSW Interns In Building Lobbies March 3 2-4 pm March 10 2-4 pm	<b>Food Bank</b> Thursday, March 12 & 26 2:00 – 3:30 All 'D' Building Floors 4 – 6 'C' Bldg	<b>Arrowhead Gardens</b> After-Hours Emergency Phone 206-755-1325